

**HUBUNGAN *SPIRITUAL WELL-BEING* DENGAN KECEMASAN  
PASIEN PNEUMONIA PADA ERA PANDEMI COVID-19  
DI RUMAH SAKIT X DENPASAR**



**SKRIPSI**

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NI GUSTI MADE WIDIADNYANI**

**PROGRAM STUDI S1 KEPERAWATAN  
SEKOLAH TINGGI ILMU KESEHATAN  
BINA USADHA BALI  
2022**

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**SKRIPSI**

**Sebagai Salah Satu Syarat Untuk Memperoleh Gelar Sarjana Keperawatan  
pada Sekolah Tinggi Ilmu Kesehatan Bina Usada Bali**

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Menyatakan dengan sebenarnya bahwa Tugas Akhir yang saya tulis benar-benar hasil karya saya sendiri, bukan untuk pengambil alihan tulisan atau pikiran orang lain yang saya akui sebagai tulisan atau pikiran saya sendiri. Apabila dikemudian hari dapat dibuktikan bahwa Tugas Akhir ini adalah hasil jiplakan, maka saya bersedia menerima sanksi atas perbuatan tersebut.



Mangupura, 22 Januari 2022

(Ni Gusti Made Widiadnyani)

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# HUBUNGAN *SPIRITUAL WELL-BEING* DENGAN KECEMASAN PASIEN PNEUMONIA PADA ERA PANDEMI COVID-19 DI RUMAH SAKIT X DENPASAR

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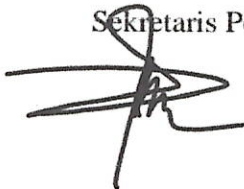
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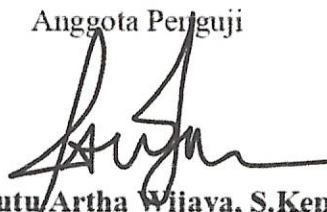
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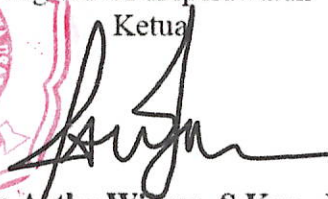
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Hubungan *Spiritual Well-Being* dengan Kecemasan Pasien Pneumonia pada Era Pandemi Covid-19 di Rumah Sakit X Denpasar

xiv + 60 + 3 gambar + 8 tabel + 10 lampiran

**ABSTRAK**

Pandemi Covid-19 dihubungkan dengan tingginya morbiditas dan mortalitas sehingga dapat memicu ketakutan dan kecemasan yang umum terjadi pada pasien dengan gejala pneumonia. Gangguan mental yang terjadi akibat pandemi dapat semakin berat jika seseorang memiliki *spiritual well-being* yang rendah. Penelitian ini bertujuan untuk mengidentifikasi hubungan *spiritual well-being* dengan kecemasan pasien pneumonia pada era pandemi Covid-19 di Rumah Sakit X Denpasar.

Penelitian ini merupakan penelitian kuantitatif dengan metode *cross sectional*. Jumlah responden dalam penelitian ini yaitu 28 responden yang dipilih dengan teknik *incidental sampling*. Instrumen yang digunakan yaitu *Spiritual Well-Being Scale* untuk mengukur *spiritual well-being* dan *Covid-19 Anxiety Scale* untuk mengukur kecemasan pasien pneumonia yang dianalisis menggunakan analisis statistik *spearman rank*.

Penelitian menemukan ada hubungan *spiritual well-being* dengan kecemasan pasien pneumonia pada era pandemi Covid-19 di Rumah Sakit X Denpasar dengan nilai *p-value* 0,004 dan koefisien korelasi -0,532. Diharapkan pelayanan keperawatan mampu ditingkatkan dalam membangun *spiritual well-being* pasien dengan pneumonia untuk menurunkan kecemasan.

**Kata Kunci:** *spiritual well-being*, kecemasan, pneumonia, Covid-19

Daftar Pustaka: 82 (2010-2021)

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**The Correlation between Spiritual Well-Being and Anxiety of Pneumonia Patients in the Era of the Covid-19 Pandemic at X Denpasar Hospital**

**xiv + 60 + 3 pictures + 8 tables + 10 appendixes**

**ABSTRACT**

The Covid-19 pandemic is associated with high morbidity and mortality, which can trigger fear and anxiety which is common in patients with pneumonia symptoms. Mental disorders that occur due to the pandemic can be even more severe if a person has low spiritual well-being. This study aimed to identify the correlation between spiritual well-being and anxiety of pneumonia patients in the era of the covid-19 pandemic at X Denpasar Hospital.

This study was a quantitative research with cross sectional method. The number of respondents in this study was 28 respondents who were selected by incidental sampling technique. The instruments used were the spiritual well-being scale to measure spiritual well-being and the covid-19 anxiety scale to measure the anxiety of pneumonia patients which were analysed using Spearman rank statistical analysis.

This study found that there was a correlation between spiritual well-being and anxiety of pneumonia patients in the era of the covid-19 pandemic at X Denpasar Hospital with a p-value of 0.004 and a correlation coefficient of -0.532. It is expected that nursing services can be improved in improving the spiritual well-being of patients with pneumonia to reduce anxiety.

**Keywords : spiritual well-being, anxiety, pneumonia, Covid-19**

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