



KOMISI ETIK PENELITIAN KESEHATAN  
HEALTH RESEARCH ETHICS COMMITTEE  
STIKES BINA USADA BALI

**KETERANGAN LOLOS KAJI ETIK**  
*DESCRIPTION OF ETHICAL APPROVAL*  
*"ETHICAL APPROVAL"*

**NO : 256/EA/KEPK-BUB-2021**

Protokol penelitian yang diusulkan oleh : Ida Ayu Diah Astitiningrat  
*The Research Protocol Proposed By*

Peneliti utama : Ida Ayu Diah Astitiningrat

Nama institusi : STIKES Bina Usada Bali  
*Name of the institution*

Dengan judul : Pengaruh teknik relaksasi lima jari terhadap penirynan tingkat kecemasan pasien pre operasi sektio sesarea di ruangan bersalin rumah sakit umum Puri Raharja

*Title* : *The effect of five finger relaxation techniques on the reduction of anxiety level of pre operations of sectio caesarea patiens in the martial room of Puri Raharja general hospital*

Dinyatakan layak etik sesuai 7 (tujuh) standar WHO 2011, yaitu :

1. Nilai sosial, 2. Nilai ilmiah, 3. Pemerataan beban dan manfaat, 4. Risiko, 5. Rujukan/eksploitasi, 6. Kerahasiaan dan privacy, 7. Persetujuan setelah penjelasan, yang merujuk pada pedoman CIOMS 2016.

Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar

Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards:

1. Social values, 2. Scientific values, 3. Equitable assessment and benefits, 4. Risks, 5. Persuasion/exploitation, 6. Confidentiality and privacy, and 7. Informed consent, referring to the 2016 CIOMS Guidelines.

This is as indicated by the fulfillment indicators of each standard.

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 30 Desember 2021 sampai 30 Desember 2022

*This declaration of ethics applies during the period December 30<sup>th</sup> 2021 until December 30<sup>th</sup> 2022*

Badung, 30 Desember 2021

Ketua



Ns. Komang Yogi Triana, M.Kep., Sp.Kep.An

NIK : 13.12.0068



Submissions

The Effect Of Five Finger Relaxation Techniques To Reduce The Anxiety Level Of Pre Operational Patients Cesarean Section In The Delivery Room Puri Raharja General Hospital

Luh Putu Widiastini, Ida Ayu Diah A...

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