

**HUBUNGAN TINGKAT SPIRITUALITAS DENGAN
SELF-EFFICACY PADA PASIEN HIV/AIDS
DI PUSKESMAS KUTA II**



SKRIPSI

I KOMANG SATRIA INDRAYANA

**PROGRAM STUDI SARJANA ILMU KEPERAWATAN
SEKOLAH TINGGI ILMU KESEHATAN
BINA USADA BALI
2023**

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SELF-EFFICACY PADA PASIEN HIV/AIDS DI
PUSKESMAS KUTA II**

SKRIPSI

Diajukan Oleh:

I KOMANG SATRIA INDRAYANA

NIM. C1119014

**PROGRAM STUDI SARJANA ILMU KEPERAWATAN
SEKOLAH TINGGI ILMU KESEHATAN
BINA USADA BALI
2023**

SURAT PERNYATAAN PENELITIAN

Surat yang bertanda tangan dibawah ini:

Nama : I Komang Satria Indrayana

NIM : C1119014

Jurusan : Sarjana Ilmu Keperawatan

Judul Skripsi : Hubungan Tingkat Spiritualitas dengan *Self-Efficacy* pada Pasien HIV/AIDS di Puskesmas Kuta II

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(I Komang Satria Indrayana)

LEMBAR PERSETUJUAN

**HUBUNGAN TINGKAT SPIRITUALITAS DENGAN *SELF-EFFICACY* PADA PASIEN HIV/AIDS
DI PUSKESMAS KUTA II**

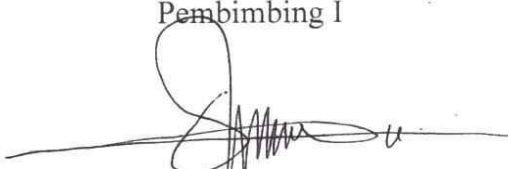
Diajukan Oleh:

**I KOMANG SATRIA INDRAYANA
NIM. C1119014**

Mangupura, 26 April 2023

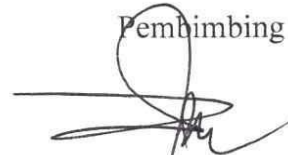
Telah Disetujui oleh Dosen Pembimbing

Pembimbing I



Ns. Gede Arya Bagus Arisudhana, S.Kep., M.Kep.
NIDN : 0808029001

Pembimbing II



Ns. Putu Wira Kusuma Putra S.Kep., M.Kep.
NIDN : 0807068702

Mengetahui,
Program Studi Sarjana Ilmu Keperawatan
Kerua



Ns. I Putu Artha Wijaya, S.Kep., M.Kep.
NIDN : 0821058603

LEMBAR PENGESAHAN

**SKRIPSI INI TELAH DIPERTAHANKAN DAN DISAHKAN DI
DEPAN DEWAN PENGUJI PROGRAM STUDI SARJANA
ILMU KEPERAWATAN SEKOLAH TINGGI ILMU
KESEHATAN BINA USADA BALI
Tanggal : 09 Mei 2023**

Diajukan Oleh :

**I KOMANG SATRIA INDRAYANA
NIM.C1119014**

Disahkan oleh Tim Penguji Terdiri dari:

Ketua Penguji

Ns. Made Ani Suprpta, S.Kep., M.Kes
NIDK : 8885290019

Sekretaris Penguji

Ns. Gede Arya Bagus Arisudhana, S.Kep., M.Kep
NIDN : 080802900

Anggota Penguji

Ns. Putu Wira Kusuma Putra, S.Kep., M.Kep
NIDN : 0807068702

Mengotahui,
Program Studi Sarjana Ilmu Keperawatan
Ketua

Ns. I Putu Artha Wijaya, S.Kep., M.Kep
NIDN : 0821058603

**SEKOLAH TINGGI ILMU KESEHATAN BINA USADA BALI PROGRAM
STUDI SARJANA ILMU KEPERAWATAN**

Skripsi, April 2023

I Komang Satria Indrayana

Hubungan Tingkat Spiritualitas dengan *Self-Efficacy* pada Pasien HIV/AIDS di
Puskesmas Kuta II

XVI + 74 Halaman + 1 Gambar + 6 Tabel + 2 Skema + 16 Lampiran

ABSTRAK

HIV dan AIDS terus menjadi masalah kesehatan global yang utama. Orang dengan HIV dan AIDS (ODHA) yang baru positif HIV di tahun pertama lebih rentan mengalami gangguan psikologis. Dampak dari respon emosional yang negatif dapat menimbulkan penurunan *self-efficacy*. *Self-efficacy* dipengaruhi oleh beberapa faktor, salah satunya adalah budaya. Budaya mempengaruhi *self-efficacy* melalui nilai, pengaturan diri, dan kepercayaan. Kepercayaan akan hubungan individu dengan Tuhan, lingkungan dan sesama merupakan pengertian dari spiritualitas. Spiritualitas terdiri atas dua dimensi yaitu: sikap spiritual dan kemampuan spiritual, dimana kemampuan spiritual memiliki peran yang paling efektif dalam meningkatkan *self-efficacy*. Penelitian ini bertujuan untuk mengetahui hubungan tingkat spiritualitas dengan *self-efficacy* pada pasien HIV dan AIDS di Puskesmas Kuta II. Penelitian ini merupakan penelitian kuantitatif dengan metode deskriptif korelasional dengan pendekatan *cross-sectional*, dan penilaian untuk tingkat spiritualitas menggunakan kuesioner *Daily Spiritual Experience Scale* (DSES) serta untuk pengukuran *self-efficacy* menggunakan kuesioner *General Self-Efficacy* (GSE). Teknik sampling yang dilakukan menggunakan *non-probability sampling* yaitu *purposive sampling* dengan jumlah sampel sebanyak 73 orang. Hasil penelitian ini menunjukkan hasil uji hipotesis menggunakan *Pearson Product Moment* mendapatkan nilai *p-value* = 0,000 atau *p-value* < 0,05 yang berarti ada hubungan tingkat spiritualitas dengan *self-efficacy* pada pasien HIV dan AIDS di Puskesmas Kuta II. Disarankan kepada pasien dan keluarga agar tetap memperhatikan tingkat spiritualitas dan *self-efficacy* dalam mengatasi permasalahan dalam kehidupan.

Kata Kunci : *Self-efficacy*, HIV dan AIDS, tingkat spiritualitas.

Daftar Pustaka : 120 (1997-2023)

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BACHELOR OF NURSING STUDY PROGRAM

Thesis, April 2023

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Correlation Between Spirituality with Self-Efficacy On HIV/AIDS Patient in Puskesmas Kuta II

XVI + 74 Pages + 1 Picture + 6 Tables + 2 Schematics + 16 Attachments

ABSTRACT

HIV and AIDS continues to be a major global health problem. People with HIV and AIDS (PLWHA) who are HIV positive in their first year are more prone to experiencing psychological disorders. The impact of a negative emotional response can lead to a decrease in self-efficacy. Self-efficacy is influenced by several factors, one of which is culture. Culture influences self-efficacy through values, self-regulation, and beliefs. Belief in the individual's relationship with God, the environment and others is the notion of spirituality. Spirituality consists of two dimensions, namely: spiritual attitude and spiritual ability, where spiritual ability has the most effective role in increasing self-efficacy. This study aims to determine the relationship between the level of spirituality and self-efficacy in HIV and AIDS patients at the Kuta II Health Center. This research is a quantitative research with a correlational descriptive method with a cross-sectional approach, and the assessment for the level of spirituality uses the Daily Spiritual Experience Scale (DSES) questionnaire and for self-efficacy measurements uses the General Self-Efficacy (GSE) questionnaire. The sampling technique that used was non-probability sampling, namely purposive sampling with a total sample of 73 people. The results of this study show that the results of hypothesis testing using Pearson Product Moment obtained a p-value = 0.000 or a p-value <0.05, which means there is a relationship between the level of spirituality and self-efficacy in HIV and AIDS patients at the Kuta II Health Center. It is suggested to patients and families to pay attention to the level of spirituality and self-efficacy in dealing with problems in life.

Keywords : **Self-efficacy, HIV and AIDS, level of spirituality.**

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KATA PENGANTAR

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